2d MEB Family Town Hall





COMMANDING GENERAL



- Brigadier General Anthony M. Henderson
- Points of Contact

Aide de Camp: 1stLt Ivanov (910-451-8200; vadim.ivanov@usmc.mil)

Staff Secretary: SSgt Qiokata (910-450-5365; adimonika.qiokata@usmc.mil)



CHIEF OF STAFF



- Colonel David Everly
- Work Phone: (910) 450-7228
- Email: david.r.everly@usmc.mil



SERGEANT MAJOR



- Sergeant Major Wesley O. Turner II
- Work Phone: (910) 449-9300
- Email: Wesley.turner@usmc.mil



Assistant Chief of Staff G-3



- Colonel Amy Ebitz
- Work Phone: (910) 450-5845
- Email: amy.ebitz@usmc.mil



Assistant Chief of Staff G-1

- Lieutenant Colonel Davina Evans
- Work Phone: (910) 450-7235
- Email: davina.c.evans@usmc.mil





Staff Judge Advocate



- Major Ryan Shrout
- Work phone: (910) 450-7243
- Email: ryan.shrout@usmc.mil







Chaplain

- Commander Michael O'Bannon
- Work phone: (910) 546-0638
- Email: michael.obannon@usmc.mil
- Notes: Religious Programs, Community Relations,
 Counseling Services
- Acting Chaplain LCDR Trenton W. Long
- Work phone: (901) 361-6440
- Email: Trenton.long@usmc.mil





MFLC

Joseph Corbin DBH, NCC, LCMHCS, CCS, LCAS
Military & Family Life Counselor
2nd MEB/MIG MSB/LE BN
Phone: 910-333-2770



DRC INFORMATION

Nancy K. Wike Unit, Personal, Family Readiness Office is on 1JN in H-1 (by gym) Office: 910-450-5939

Cell: 910-467-2175

nancy.wike@usmc.mil



Readiness and Deployment Support Training



2D MARINE EXPEDITIONARY BRIGADE

SELF-SUFFICIENT AND INTEROPERABLE

Are You Ready? Pre-Deployment Brief





READINESS

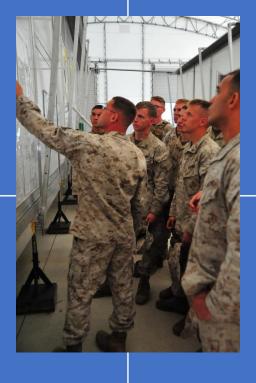




Are YOU Ready?

DRC/URC Information

Power of Attorney
Last Will & Testament
Family Care Plan



Authorized Organizational Communication Tool
Vehicle
Taxes
Bills

Personal Belongings
Voter registration
College/school preparation
Housing

Medical
Legal issues
Communication plan
Insurance/SGLI



Readiness Checklist

Checklist	Contents
✓ Single Marines	Designed to assist single Marines in preparing for and achieving readiness for deployment.
✓ Single Marines with Dependents	Includes all components from the Single Marine checklist and adds information on: legal guardians; children and child care; relationships; dependent comfort items.
✓ Married Marines	Includes all components from the Single Marine, and Single Marines with Dependents checklists, and adds information on: family emergency plans; medical care; dental care; communication expectations; financial preparation.
✓ Personal Preparation	Includes a list of desirable, non-essential items to have in preparation of deployment.



Emergency Preparedness



- Emergency Planning
- Protecting Property
- Vehicle Emergencies
- Evacuation Plan
- Post Disaster Plan
- Insurance Policies
- Family Care Plan





Get assistance for urgent financial needs

When you're having trouble meeting urgent financial needs, we may be able to provide an interest-free loan or grant.

Our services are completely confidential.

If you're approved for a loan or grant, you'll get funds right away. There's no application fee, and the appointment is completely free.

If you need \$500 or less, you may be eligible for our **Quick Assist Loan**.

Other services

Visiting Nurses
Budget for Baby
Disaster Relief

Who Is Eligible?

- Active duty or retired
 Sailors and Marines
- Eligible family members with military ID card & Preauthorization Form

Location/Phone

Camp Lejeune (910) 451-5584 New River (910) 449-6431



Red Cross / Emergency Planning

- ❖ Talk with your Marine and take the time necessary to establish a Red Cross/Emergency plan and write it down for reference.
- ❖ 5 pieces of information needed to start a Red Cross Message

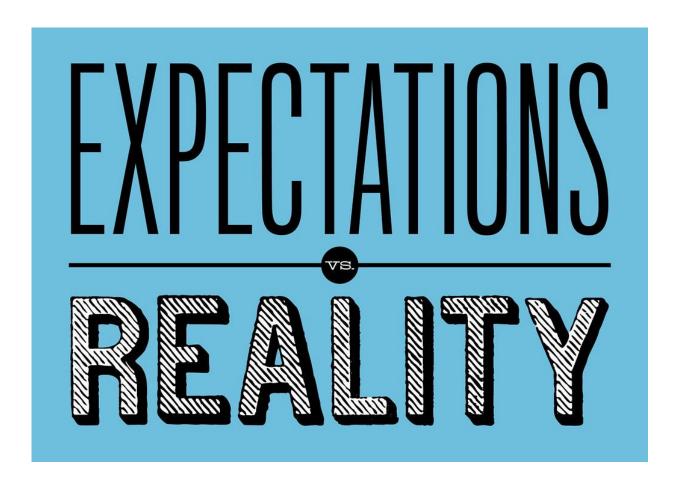
877-272-7337

- ❖ Full legal name
- Rank
- Branch
- Social Security Number
- Unit Address



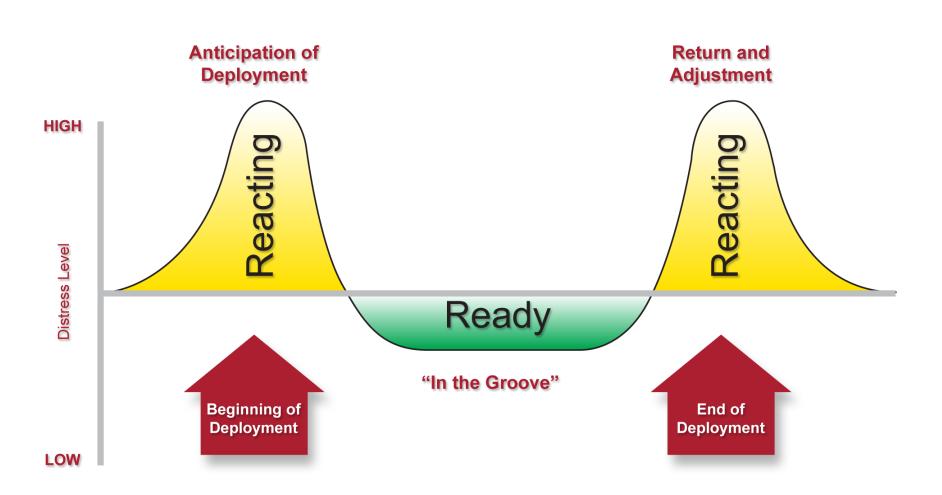


EXPECTATION MANAGEMENT





Planning and Expectations





PROTECT OPSEC & PII



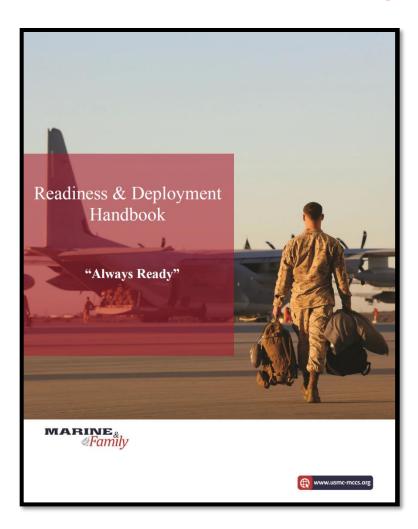


- ➤ Social networking sites
- ➤ Pictures, video recording or video teleconferencing





MCCS FORWARD



Request a copy of the Readiness and Deployment Handbook by emailing MCFTB, RDST @ MCCSLej-NRReadinessDeploy@usmc-mccs.org



Additional Information for Spouses and Family Members





RESOURCES

Chaplains (after hours)

910-451-2414/449-6126

Community Counseling Center

910-451-2864/449-6110

Marine Corps Family Team Building

910-451-0176

Personal Financial Management

808-304-3136

New Parent Support Program

910-449-9501

EFMP 910-451-4394/449-5251

CREDO 910-450-6191

DSTRESS 877-476-7734

Base Legal 910-451-1903

Mccslejeune-newriver.com

Militaryfamily.org

Militaryonesource.mil

DRC- Samantha Stedman

- Cell Phone: (910) 650-9538

- Email: samantha.stedman@usmc.mil

URC- 1stLt Hollin Jenkins

- Cell Phone: (304) 416-3826

- Email: evan.Jenkins@usmc.mil

Military Life Counselors

Camp Lejeune: 910-260-7736

Camp Johnson: 727-359-2467

Camp Geiger: 843-799-8970











Military One Source

Mr. David "Wayne" Smith
 North Carolina Military OneSource Consultant

Visit <u>www.militaryonesource.mil</u> or

call: 800-342-9647







Need financial or tax guidance? Want to talk about managing stress or family issues? What about a health and wellness coach?

Military OneSource is your 24/7 connection to information, answers and support for your best MilLife. Contact us anytime to arrange free Military OneSource services including: confidential counseling, specialty consultations, financial and language services.

Access Confidential Non-medical Counseling

Just need to talk? Get non-medical counseling from experts trained in military life.

- · Private, not reported to command
- · Up to 12 sessions per issue
- · Counseling from licensed mental health clinicians
- · Phone, in-person, video conference or online chat

Schedule Specialty Consultations

- · Health and Wellness Coaching
- Spouse Relocation and Transition
- Wounded Warrior Assistance
- · Peer-to-Peer Support

- Special Needs
- Adoption
- · Adult Disability
- Elder Care
- Education

Take Command of Your Taxes with MilTax

- · Easy-to-use, tax preparation and e-filing software
- Prepare and file federal and up to three state returns for free
- · Trained tax consultants to help by phone

Master Your Money with a Financial Counselor

- · Talk to accredited counselors by phone, video or in-person
- · Manage and eliminate debt
- · Budgeting, retirement, tuition planning

Bridge Barriers with Language Services

- Language interpretation services
- Document translation
- 150 languages

Military OneSource is a Department of Defense-funded program for service members and military families.





Summary and Questions





COMMANDING GENERAL



Closing Remarks



Thank You!